

THIRST™

PRODUCT OVERVIEW

Give your body what it thirsts for!

Vemma THIRST delivers a one-two punch of advanced electrolytes, carbohydrates and amino acids PLUS the blockbuster Vemma blend of 12 full-spectrum vitamins, naturally occurring minerals, wildcrafted mangosteen, organic glyconutrient-rich aloe vera, and organic decaffeinated green tea in every serving.

A delicious, healthy beverage, the portable packet of Vemma THIRST mixes with about 500 ml of water for healthy hydration anywhere, anytime!

PURSUE YOUR
THIRST™



THIRST™

MANGOSTEEN SUPERFRUIT POWER





Mangosteen is a rare superfruit found primarily in Southeast Asia and scientifically known as *Garcinia mangostana*.

No relation to the mango, it has been hailed as the “Queen of All Fruits,” and has been used for centuries by Asian health practitioners to support optimal health and well-being.

Thirsts also contains 65 major, trace and ultra-trace minerals – more readily bioavailable than tablets and a foundation for your family’s optimal health.

The **Vemma® Formula Inside**
seal reassures you that you get
a broad spectrum of vitamins, minerals, trace
elements, mangosteen and aloe in every serving.

ONCE ACTIVATED WITH WATER, VEMMA THIRST:

-  Delivers an ultra-premium supply of vitamins and naturally occurring trace minerals.
-  Supplies essential amino acids.
-  Replenishes electrolyte levels.
-  Provides low-glycaemic carbohydrates for active lifestyles.



FREQUENTLY ASKED QUESTIONS

Is it necessary to take a multivitamin if I am drinking Vemma THIRST?

If you are drinking Vemma THIRST, there is no need to take a multivitamin supplement. Remember that eating a balanced and varied diet is important to provide the appropriate spectrum and amounts of daily nutrients. We recommend consulting with your doctor or an educated health care professional, such as a nutritionist, if you have additional questions or concerns.

If Vemma is a liquid, how is it that the Vemma formula can be put in a powder form?

Vemma's premium manufacturing standards guarantee that the integrity of this Vemma nutrition formula is maintained through rigorous quality controls.

This is accomplished by using a unique and proprietary manufacturing process to protect all ingredients. Our newly built US manufacturing facility also meets the highest GMP (Good Manufacturing Practice) standards required by the Food and Drug Administration (FDA) in the USA. These now exceed food GMP standards in many other parts of the world, including Europe. To give you an idea of our attention to detail, the mangosteen fruit is carefully sectioned and air-dried in a sterile environment. Then it's pulverised into a fine powder through a complex combination of sonic waves and high-pressure air. This meticulous and scientific process safeguards the Vemma formula to ensure that, when mixed with water, Vemma THIRST delivers the same level of efficacy, quality and potency you've come to know and trust in Vemma products.

What are electrolytes?

Electrolytes are minerals that support proper hydration. They are electrically charged elements (ions) that are carried in fluids and across membranes inside the body.

These ions help facilitate many functions within the body, including nerve impulse transmission and muscle contractions. For optimal performance, your body requires an adequate supply of these important nutrients, along with adequate water. Vemma THIRST provides an ultra-hydrating blend of the mineral electrolytes that can help you to achieve your goals.

Why use organic evaporated cane juice?

Some will tell you it's considered one of the healthiest alternatives to refined sugar. While both sweeteners are derived from sugar cane, evaporated cane juice does not undergo the same degree of processing that refined sugar does. Therefore, unlike refined sugar, it retains more of the nutrients found in natural sugar cane. It's also an excellent source of carbohydrates, necessary for individuals with active lifestyles.

Why are carbohydrates important?

Carbohydrates are the primary fuel source for your body during all levels of activity and exercise.

Dietary carbohydrates directly contribute to your body's maintenance of carbohydrate reserves. When you consume carbohydrates, especially lower glycaemic ones that have a slower conversion rate to blood glucose, you may experience increased stamina, endurance and exercise performance.

Why are amino acids necessary in Vemma THIRST?

Amino acids are the building blocks of protein. When you include them in your daily supplement regime, they help support and sustain fitness and improve performance.



THIRST™

INGREDIENTS

- 12 full-spectrum vitamins** – vital for health and well-being.
- 65 trace and ultra-trace minerals** – more readily available than tablets and a foundation for your family's optimal health.
- Phytonutrient ingredients** – a blend of powerful plant and natural components that help promote good health.
- Mangosteen** – enjoy one of the most amazing fruits in the world, deserving of the title "Queen of All Fruits."
- Organic glyconutrient-rich aloe vera** – a powerful phytonutrient.
- Organic decaffeinated green tea** – for additional benefits.
- Electrolytes** – to help maintain healthy hydration.
- Carbohydrates** – the primary fuel source for your body during activity and exercise.
- Amino acids** – the building blocks of protein, helpful after exercise and physical exertion.

PRODUCT USE

Simply mix one packet into about 500 ml of cold, purified or filtered water. Shake well before drinking. You can use up to 3 packets of Vemma THIRST per day, depending on your activity levels.

Use before, during or after exercise. Vemma THIRST is great for athletes, as well as for individuals and families with active, on-the-go lifestyles.

WHAT IT DOES NOT CONTAIN:

- ❌ No Artificial Sweeteners
- ❌ No Artificial Colours
- ❌ No Artificial Flavours
- ❌ No Preservatives

